

# Is Westonwood Ranch Residential Living the Right Fit for My Adult Child?

## Parent & Guardian FAQ

Choosing a residential program for your adult child is a significant and deeply personal decision. This guide is designed to help you determine whether supportive housing at Westonwood Ranch aligns with your child's needs, strengths, and goals.

### Understanding Fit

#### **Q: What is supportive housing at Westonwood Ranch?**

A: Supportive housing at Westonwood Ranch provides a safe, structured, and community-oriented living environment for adults with developmental disabilities, combining housing with individualized supports, meaningful work opportunities, and daily life skills development. Acceptance into the residential living program is determined by multiple factors including if there is an appropriate cohort available that will best support the success of the individual, if needs can be met with the supports and services we offer in our program and if the individual aligns within the programmatic composition and capacity of Westonwood Ranch programs

#### **Q: What is the timeline on construction of the residential component of Westonwood Ranch?**

A: Our goal is to complete the residential community by December 2027. We're very excited about the progress that has been made and the support we've received from our community and partners. That timeline is dependent on several factors such as construction schedules, weather-related impacts, and continued fundraising efforts. As with any major capital project, there can be variables outside of our control that affect the pace of construction. That said, we're committed to moving forward responsibly and sustainably. Our focus is not simply on building residences, but on creating a high-quality community where adults with developmental disabilities can live, work, and thrive for generations to come. Every step we take is focused on ensuring that when we open those doors, we're providing a safe, sustainable, and meaningful place for individuals and families who have been waiting for this type of opportunity.

#### **Q: Who is a good fit for this program?**

A: Is 21 years of age or older, Desires to make friends and is interested in forming relationships with others, Seeks social and extracurricular opportunities, Responds well to a structured, supportive, predictable environment, Performs basic daily living skills, personal hygiene, and self-care with some supports, Mild medical issues that do not compromise daily activities, Be able to work within a 1:6 staff-to-student ratio

**Q: Who may not be the best fit for this program?**

A: Each applicant will be reviewed on an individual basis to determine whether Westonwood Ranch Living is the appropriate setting to best meet their needs. However, candidates who may not be the best fit for this residential program are Individuals who require intensive or 1:1 behavioral, medical or emotional support beyond what our staffing model can safely provide, individuals who demonstrate ongoing behaviors that significantly disrupt the environment or pose safety concerns for themselves or others, and/or have complex clinical needs that necessitate specialized therapeutic services.

**Q: What does a typical day look like?**

A: Each day includes a balance of personal routines, skill-building activities, vocational opportunities, and community engagement, all tailored to the individual.

**Q: Is this a group home or something different?**

A: Westonwood Ranch is designed to be more than a traditional group home. It is a supportive community focused on independence, purpose, and meaningful daily living.

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## **Housing & Accommodations**

**Q: What types of housing are available?**

A: The expansion will include accessible residential units designed for comfort, safety, and varying levels of independence, with shared and private living options.

**Q: Will residents have their own rooms?**

A: Yes, all housing options will include a private room and private bath.

**Q: Are the homes accessible?**

A: Yes, all housing is designed to meet accessibility needs.

**Q: Are meals provided?**

A: Residents will enjoy a family-style dinner each evening in the Westonwood Ranch Multipurpose Building. This dinner is included as part of the residential program and provides an opportunity for residents to gather, socialize, and build community. To encourage independence and life-skill development, small groups of residents will work alongside staff to assist with meal preparation on a rotating schedule. Participation may include tasks such as meal planning, food preparation, cooking, serving, and kitchen clean-up, based on each resident's abilities and support needs. Residents are responsible for purchasing their own breakfast, lunch, and snack items. We encourage residents and their families to establish a weekly food budget to help manage these expenses. Staff can provide guidance and support with meal planning, grocery shopping, budgeting, and food preparation as needed.

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## **Supports & Services**

### **Q: What kind of support will I receive?**

A: Support is individualized and may include assistance with daily living skills, behavioral support, vocational training, and social development.

### **Q: Are staff available on-site?**

A: Yes, trained staff are available to provide support based on each resident's needs, including supervision and guidance throughout the day.

### **Q: Do you use evidence-based practices?**

A: Yes, support is informed by Applied Behavior Analysis (ABA), life-skills training, and person-centered planning.

### **Q: Can support levels change over time?**

A: Absolutely. Supports are flexible and evolve as residents gain independence and new skills.

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## **Independence & Daily Living**

### **Q: What level of participation is expected from residents?**

A: Residents are encouraged to participate in daily routines, skill building activities and community life. Expectations are individualized based on ability and goals.

### **Q: What if my child is not interested in work programs?**

A: While participation in meaningful activities is encouraged, engagement is personalized. We focus on building motivation and aligning activities with individual interests.

### **Q: How structured is the environment?**

A: The environment is intentionally structured to promote consistency, predictability and skill development while still allowing for personal choice.

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## **Community & Social Life**

### **Q: Will I have opportunities to socialize?**

A: Yes, residents are part of a supportive community with regular opportunities for social interaction, group activities, and events.

### **Q: Can I stay connected with my family?**

A: Absolutely. Family involvement is encouraged and supported.

### **Q: What happens during major holidays such as Thanksgiving and Christmas?**

A: Our expectation is that during major holiday closures such as Thanksgiving and Christmas, residents will spend that time with their families, guardians, or other loved ones whenever

possible. We believe maintaining those important family relationships and traditions is an essential part of a healthy and fulfilling life. Our goal is not to replace family—it's to partner with families. We want residents to enjoy the stability of community living while continuing to celebrate holidays and special traditions with the people who know and love them best.

**Q: Can I have visitors?**

A: Yes, visitation is welcomed within established time guidelines to ensure safety and comfort for all residents.

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## **Health & Safety**

**Q: How do you ensure resident safety?**

A: Safety is top priority. Staff are trained and environments are designed with safety in mind. Supervision levels vary based on individual needs, ranging from periodic check-ins to more consistent support. Staff members provide 24/7 oversight.

**Q: Do you provide medical care?**

A: While Westonwood Ranch is not a medical facility, we coordinate with families and providers to support each resident's health needs. Westonwood Ranch is designed to accommodate those with mild medical issues that complicate but do not compromise daily activities.

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## **Financial & Application Process**

**Q: How much does it cost to live at Westonwood Ranch?**

A: Costs will vary depending on the level of support and housing type. We will provide clear details during the formal application process. Our goal is to create a model that is both sustainable and accessible. Our intention is to offer financial aid in the form of reduced rent, third party-supported funding sources when available, and community/donor partnerships so that cost is not the barrier that prevents someone from living a meaningful and independent life. For financial planning assumptions, 100% self-pay rent without financial assistance may range from \$2,500-3,500 per month for a private bedroom/private bathroom with community amenities and supports

**Q: Do you accept funding programs or waivers?**

A: We are working to align with funding sources and will provide guidance to families on available options.

**Q: How do I apply?**

A: Interested individuals or families can contact us through the website to begin the pre application, interview and assessment process.

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## Transition & Future Planning

### **Q: How do I know if my child is ready to move into a residential program?**

A: Signs of readiness may include a desire for more independence from guardians, ability to participate in daily routine and willingness to engage in a community setting.

### **Q: What if my child is resistant to leaving home?**

Transitions can be gradual. We work with families to create a supportive process that reduces anxiety and builds comfort including trial visits/short term stays to ensure a good fit.

### **Q: Is this a long-term living option?**

A: Yes, Westonwood Ranch is designed to provide stable, long-term housing with opportunities for growth and increased independence and is intended to be a long-term living option. That said, if an individual's medical or behavioral needs eventually exceed the level of support we can safely provide, we would work with families and professionals to determine the most appropriate care setting while prioritizing the individual's safety, dignity, and well-being

## Next Steps

If you are considering Westonwood Ranch for your adult child, we encourage you to:

1. Complete our interest/**pre application** for housing.
2. Our clinical team will reach out to schedule a video call
3. As the community construction advances, a physical tour will be scheduled. Residential living costs will be reviewed in detail at this time.
4. Prospective resident will participate in a 3 day assessment
5. Residential Team will follow up with determination if your child has been accepted into the the supportive living community

*Together, we can determine whether Westonwood Ranch is the right next step for your family. At Westonwood Ranch, we understand that choosing a home for your child is about trust, safety, and hope for the future. We are honored to be part of that journey.*